



- You do not have to be a member of any club or a resident of Lincoln County.
- All participants will remain in the age group in which they placed at the start of the Series. For placement in races, participant's age on race day determines their age group.
- Points are awarded by overall finishing place. If the race has 135 finishers, 1st place will receive 135 points, 2nd place will receive 134 points, and so on.
- You are eligible to receive 25 points for volunteering at **one** race. To receive volunteer points, you must sign up with race director prior to the race. **You are not eligible to receive volunteer points if you race.**
- To be eligible for Grand Prix prizes, you must participate in at least 4 of the 6 Grand Prix events (either as a participant or volunteer).
- Grand Prix Classifications are as follows:
 - Youth Male (0-19)
 - Youth Female (0-19)
 - Open Male (20-29)
 - Open Female (20-29)
 - Open Male (30-39)
 - Open Female (30-39)
 - Masters Male (40-49)
 - Masters Female (40-49)
 - Grand Masters Male (50 & over)
 - Grand Masters Female (50 & over)
- Runners who participate in 5 of the 6 series races (1 can be as a volunteer, see rules regarding volunteering) will receive a commemorative prize at year end.
- RLC reserves the right to add or delete races from the series during the year.
- Rules are subject to change.

There is NO FEE to enter. By running just one race in the series, you will be automatically entered into the points system.